# HOW MY CLASS MAKES A VISIT WITH JESUS!

I'd like to tell you how my class makes a visit with Jesus every Thursday. Mrs. Powers, my teacher, helped me write this for you. You can show it to your teacher if you go to a Catholic school or your pastor at Church. Mrs. Powers said they can use it as a guide for any class or group. That way *lots of kids* can make visits with Jesus!

## Together the class reads the following meditation out loud before our visit:

"Jesus, I know that You are truly present in the little white Host in the tabernacle in our chapel. Our tabernacle is made of gold and is in the shape of a house that has a little door on the front. I look for the red candle, called a 'sanctuary lamp,' burning near the tabernacle. The flickering candle shows me that You are really and truly there. The word tabernacle means 'dwelling place.'

Jesus, You love us so much that You thought of a way to always be with us!

Sometimes You are exposed in a beautiful golden vessel called a 'monstrance.' When I look at the little white Host in the monstrance with the eyes in my head, I see a round piece of Bread. When I look at the Host with the eyes of my heart, my eyes of faith, I say the words Saint Thomas the Apostle said to you: 'My Lord and my God!'

It is You, Jesus, the little Baby of Bethlehem. It is You, Jesus, the Holy Child of Nazareth. It is You, Jesus, the Savior and Redeemer of the World. It is You, Jesus, the living King of Glory!

Jesus, when I enter the chapel, I come before You in the tabernacle or exposed in the monstrance and I bend my right knee and touch it to the ground. This is called 'genuflecting.' Out of love and respect for You I bend my knee because You are the King of the Universe and the King of my heart."

We enter the chapel quietly and genuflect. We take our place on the floor before Jesus in the tabernacle or exposed in the monstrance.

#### **OPENING HYMN OR SONG**

There are many Eucharistic hymns or songs we can sing for Jesus. We sometimes sing the song we learned from Ming's story: "A Visit With Jesus."

#### A ROSARY DECADE

There are Rosaries in the chapel we can use. We can also bring our Rosary with us from our classroom and keep it in our pocket until it is time to pray our decade together.

#### Kneel

LEADER:

"The 1st Joyful Mystery: THE ANNUNCIATION

We offer this Rosary decade for all the pregnant mothers in the world right now and the little babies growing in their wombs. Jesus, we pray that these little babies will be born safely and grow up to know You and love You like we do.

We will now pray one 'Our Father,' ten 'Hail Mary's' and one 'Glory Be' as we think about You, Jesus, in the mystery of Your Incarnation."

- + "Kiss the Crucifix. Thank You, Jesus, for dying for me on the Cross."
- + "In the Name of the Father and of the Son and of the Holy Spirit."
- + "Find the 1st Decade on your Rosary."
- +  $\hbox{``I}$  will say the first part of the prayer, you will say the second part."
- + Pray one 'Our Father.'
- + Pray ten 'Hail Mary's.'
- + Pray one 'Glory Be.'

If you are able, bend down low and touch your forehead to the ground as you pray the 'Glory Be.' It is the posture the Angel showed the three children while adoring and loving God. Kneel back up.

+ "Jesus, we are going to hold out our hands towards you and pray this next prayer with all our hearts. As You know, it is the prayer that Blessed Mother taught Francisco, Jacinta and Lucia. Our Lady wants us to pray it after every Rosary decade so together we pray:

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven especially those most in need of Your mercy!"

+Sign of the Cross

#### THE GOSPEL READING

Sit to meditate on the Gospel reading. The leader can read and the children listen. Sometimes we all bring our Bibles to the chapel and read the Gospel story together.

"Jesus, when I think about the mystery of your Incarnation and how much You love me, I want to say to You with all my heart: Thank You, Jesus! The Gospel reading for this visit is one that will help me remember the importance of always thanking You. It is the Gospel according to Saint Luke, chapter 17, verses 11-19. (Luke 17:11-19.)

As Jesus continued his journey to Jerusalem, he traveled through Samaria and Galilee. As he was entering a village, ten lepers met him. They stood at a distance from him and raised their voice, saying, 'Jesus, Master! Have pity on us!' And when he saw them, he said, 'Go show yourselves to the priests.' As they were going they were cleansed. And one of them, realizing he had been healed, returned, glorifying God in a loud voice; and he fell at the feet of Jesus and thanked him. He was a Samaritan. Jesus said in reply, 'Ten were cleansed, were they not? Where are the other nine? Has none but this foreigner returned to give thanks to God?' Then he said to him, 'Stand up and go; your faith has saved you.'

## Long pause of silence

"Jesus, the ten lepers had a terrible disease called leprosy. We know it is a rare disease today in most parts of the world but when you walked the earth 2000 years ago it was a real problem. We learned that leprosy comes from a certain kind of bacteria that is spread from person to person. When a person is first infected with leprosy, they start to lose their sense of touch and slowly their skin starts to show signs of damage. It begins to affect their eyes, nose, earlobes, hands and feet. Their face becomes disfigured and ugly. As the disease advances, the person with leprosy can lose their fingers and toes."

#### Pause

"Lepers would have to leave their homes and live in a secluded area with other poor lepers. There was no cure. It was a life of terrible suffering and misery."

#### Pause

"Jesus, when You saw the ten lepers, Your heart was moved with pity for them. You always have pity on those who are suffering because You are always looking to help those who are lost and are sick."

### Pause

"Jesus, because You are God and can do all things, You worked a wonderful miracle and cured the 10 lepers of that terrible, horrible disease. You told the lepers to go show themselves to the Jewish priests and as they were walking, the lepers realized they were cured. They had no more leprosy. It was gone!"

#### Pause

"Jesus, now this part of the story is surprising. Out of those ten lepers, only one came back to thank You. What went through Your mind when only one came back to thank You?"

## Long pause

"Now we are going to quietly think of some of the things that we are thankful for in our lives, Jesus. We want to always remember to say: Thank You, Jesus!"

#### 1 minute of silence

"Boys and girls, here is something you can do that will make Jesus very happy. Tell Him that you are very thankful for all the good things he does for all the people in the world today. You can thank Him for people who never thank Him. Ever. They are like the 9 lepers who never came back. Their ingratitude wounds His Heart. It really does. But your thankful heart consoles His Heart."

## Long pause

"Now think of yourself as that one leper who came back to thank Jesus but your thankful heart is going to be so big and so full of love for Jesus that it's going to make up for hearts that do not love Him!"

### Long pause

"There is a word for what you just did. It is called "reparation." It means that you are repairing for the lack of love that should have been offered to God by other people but was not. To offer reparation for the neglect and sins of others is a very beautiful and important thing to do."

#### **Pause**

"Boys and girls, let us kneel down now and put our foreheads to the ground like the Angel showed the three children. Let's pray together three times the prayer the Angel taught:

My God, I believe, I adore, I hope and I love You. I beg pardon for those who do not believe, do not adore, do not hope and do not love You."

## Sit back up

## THINGS THAT ARE IMPORTANT TO ME THAT I WANT TO BRING TO JESUS

"Jesus, before we end our visit with You today, there is one more thing I would like to talk with You about quietly in my heart. I know that if I am interested in something then You are interested in it too because You are so interested in me. It's true. I know that I can talk with You from my heart about anything and You will always listen because You love me and care about me.

Jesus, hard things sometimes happen in my life. Sometimes there are problems in my family. Sometimes I have school troubles. Whatever it is, I know You care and want to help me.

I'd like to talk with You about anything that is important to me right now."

## 1-3 minutes quiet time

### **ENDING OUR VISIT WITH JESUS**

### Kneel

"Thank You, Jesus, for this time together. Thank You for always being here for us. We love You, Jesus!

We will end our visit with a prayer we know You like very much. We will pray it three times."

## Hands folded or open to Jesus

"O Sacrament Most Holy, O Sacrament Divine! All praise and all thanksgiving be every moment Thine! In the Name of the Father and of the Son and of the Holy Spirit. Amen."

Genuflect to Jesus and exit the chapel quietly.